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Testimonials

Linda B. - I have had back pain, leg pain and neck stiffness for several years. I even had surgery and therapy on my lower back, and it wasn't until I started seeing Dr. Lay that my pain finally started getting better and now I am able to move around and keep up with my granddaughter.

Dr. Lay and his staff treat me great and I would recommend Dr. Lay to everyone.

Dorothy T. - I have had many problems over the years, including sinus headaches, constipation, high blood pressure, back pain, dizziness, trouble concentrating, loss of energy and shortness of breath.

As I observed Dr. Lay and his staff show interest to all of their patients with gentle care, it helped me not dread a return trip. The staff at East Tennessee Clinic made me feel very comfortable.

I feel GREAT! In such a short time, I already feel much, much better.

I have recommended East Tennessee Clinic of Chiropractic and Dr Lay to everyone I know. I guess when they see me out working in my flower garden and playing golf, they'll surely believe me!

Larry B. - I have had numbness in my left leg and tension in my lower back non-stop for 6 weeks. I have been on pain pills and have even had an epidural to stop the pain, which only helped to a degree. And now, thanks to the professional, caring people at East Tennessee Clinic I am doing really great.

I would highly recommend Dr. Lay to everyone. His office has a very kind and professional atmosphere, and is also very instructional so that you understand what they are doing and how your body is responding.

James B. - I have suffered with lower back and neck pain for at least one year. Nothing I tried on my own worked.

I came into East Tennessee Clinic and all of that has changed now. In about 3 weeks I felt some relief from the pain and within a month, most of my pain was gone!

Dr. Lay and his staff are very thorough and caring and seem to really know what they're doing.

Angela E. - I have been suffering from upper back pain and neck stiffness for a few years now. I have tried other Chiropractors and have not gotten good results. The staff at East Tennessee Clinic are wonderful and friendly, they always remembered me by name.

I was not used to having my neck adjusted and now that I see how rewarding it is I love it. I have had spectacular results and my neck stiffness has gone away.

This is the best Chiropractic office I have been to. Dr. Lay is so friendly and cares so much about his patients.

Laura F. - I've suffered with lower back pain. This time I could hardly move my feet to walk. The last time I went to see the doctor about my back, he prescribed pain medication and rest. It took weeks to recover.

I decided to see Dr. Lay and by the second visit I was already fifty percent better! By the fourth visit I was ninety five percent better! Dr. Lay got right to the problem and had me back to work in days.

The staff is very efficient and the Christian atmosphere is awesome! Excellent and fast acting results is what I received by going to East Tennessee Chiropractic Clinic.

Patricia L. - I have suffered with chronic headaches for so many years, that I can't even remember not having one. I was taking strong pain relievers and beta blockers to ease the pain.

Since coming to East Tennessee Clinic, my headaches have greatly decreased. For the first time in many years, I don't wake up with headaches in the morning. Dr. Lay has really helped me with my problem.

The staff at East Tennessee Clinic is so kind and courteous too. I have been treated very well and feel so comfortable when I come in.

(15 more success stories coming soon! Please check back)